

PSHE 2021-2022

Whole school coverage

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Health: What is great about you? Diversity	Relationships: What does being kind look like?	Relationships: How are we the same and different?	Wider World: What might you do in the future? Equity	Health: How can we show our feelings?	Health: How can we keep healthy?
Y1	Relationships: Who is special to us?	Relationships: What is the same and different about us? Diversity	Health: What does healthy mean?	Health: How do we recognise our feelings?	Wider World: How can we look after each other and the world? Equity	Health: Who helps to keep us safe?
Y2	Relationships: What makes a good friend?	Relationships: What is bullying? Diversity	Health: How can we communicate our feelings?	Health: What can help us grow and stay healthy?	Health: What helps us to stay safe?	Wider World: What jobs do people do? Equity
Y3	Relationships: What are families like? Diversity	Relationships: How can we be good friends?	Health: How can we manage our feelings?	Health: Why should we make healthy choices?	Wider World: What makes a community? Equity	Health: How can we stay safe?
Y4	Health: What strengths, skills and interests do we have? Diversity	Relationships: How do we treat each other with respect? Equity	Health: How can we develop healthy minds?	Health: How can we take care of our physical health?	Wider World: How can our choices make a difference to others/the environment?	Health: How can we manage risk in different places?
Y5	Health: What makes up a person's identity? Diversity	Relationships: How can friends communicate safely?	Health: How can we help in an accident or emergency?	Health: How can drugs common to everyday life affect health?	Relationships: What are our rights and responsibilities? Equity	Wider World: What decisions can people make with money?
Y6	Health: How can we keep healthy as we grow?	Relationships: How do friendships change as we grow?	Wider World: How can the media influence people? Diversity	Health: How can we make good decisions?	Wider World: What do I want for my future? Equity	Relationships: What will change as we become more independent?

Music strands: Physical Health Mental Wellbeing Safety Relationships Wider World

